



## **Faribault Branch Communiqué**

AAUW advances equity for women and girls  
through advocacy, education, philanthropy and research.

**October 2025**



### **President's Message**

There's only one way to learn. It's through Action-

We all have plenty of opportunities to learn through our actions by being an AAUW member.

Our Halloween breakfast fund raiser for women's scholarships, Sunday, October 26 at the American Legion is a time to get into action whether it is selling tickets, telling others about the good work AAUW does, working at the breakfast, being part of the planning, or whatever action you can take to help make it a successful fund raiser

Attending monthly meetings provide us with a plethora of opportunities to learn. Monday, October 27, is our next meeting and we will have a speaker from Ignite Fitness.

Many of us participated in 100 Women Who Care. What a marvelous way to support the Faribault Foundation and show the community that AAUW members care.

What about taking action to learn from our state president, Kelsey Waits by attending Owatonna's AAUW November meeting, Tuesday, November 21. Her program is for support of resolution #3, which in summary is AAUW working to foster a sense of safety and support for all within their communities. Maybe someone could offer to drive and car pool  
I will be participating in the monthly zoom meeting with Kelsey Waits on October 21.

The spring state meeting will be in Brainerd at Rutger's Bay Resort April 24-25 hosted by the Brainerd Lakes area branch. The theme is Growing Together: Rooted in Strength. Think about attending, being a delegate. Take Action to Learn

I've begun looking over our branch bylaws. It's been nearly 10 years since any revisions have been made. Anyone interested in joining me to form a committee to look them over for any possible updates, changes, or revisions? Remember, the best way to learn is through action.

Four AAUW members are taking a CVEC class in Northfield this fall that includes a Northfield person that was part of the disbanded Northfield branch. Pat Rice introduced her to me. I had a nice visit with her and invited her and others from their former branch to attend our meetings if they are interested

Lastly, a BIG thanks to all who work so faithfully each and everyday to keep our AAUW branch alive and thriving

My quote this month is from the Alchemist by Paulo Coelho —  
"There's only one way to learn, it's through action"



**Membership** October is always a busy time for our A.A.U.W. members !! **This year we are promoting our BIG and ONLY Fundraiser - "THE HALLOWEEN BREAKFAST" for SCHOLARSHIPS for WOMEN and GIRLS!** Thanks to all members donating their time and effort to make this important COMMUNITY EVENT successful! We always have the opportunity to encourage family and friends to join our Faribault A.A.U.W. Affiliate. Right now is an especially good time to show others how we give back to the community with SCHOLARSHIPS. Over the last 45 years our Faribault A.A.U.W. has given 65 scholarships to Faribault women and girls. **Thank you for your continued support and dedication by participating in our "HALLOWEEN BREAKFAST " Fundraiser - Sunday - October 26th., 2025 from 8:00am to 12:00 pm - An omelet breakfast with a muffin - coffee, milk and juice.**

Remember our Membership Dues:

Regular membership: \$93.00

New- First Year membership: \$55.00

**Remember we can accomplish so much together!**

Please let me know if anyone wants information on becoming a member.

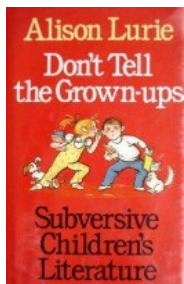
Thank You :) *Time Submitted by Kathy Larson - Membership Vice-President*

*(1 - 507 - 332 - 2525) kathyhilgerslarson @gmail.*



## Social Time

Hi Members,  
Let's meet at Janna's Grill at 11:00 on Saturday, October 18th,  
for conversation, coffee, breakfast or lunch.  
Hope you can make it! *Submitted by sue Olson*



## Book Club

The AAUW Book Club met at Diane Hagen's porch on Thursday, September 18 to discuss September's book, *The Lion Women of Tehran* by Marjan Kamali.

**NOTE: There is a date change for our October meeting!!**

**We will meet at Diane's again but on WEDNESDAY, OCTOBER 22 AT 2PM.**

October's book is *Don't Tell the Grownups* by Alison Lurie.

There is only 1 book in the system but several have purchased used copies and are willing to share. Just let us know if you need a copy of the book.

*Submitted by Barb Dubbels*



## Program

OctoberProgram  
Monday, 10/27 - 2 pm  
Poo Room – RCHS

Something is Better Than Nothing!

Dede Howie, trainer and class leader at Ignite Fitness will present a moving program! (Pun intended!)

Most of the attendees at the October meeting will be, let's say, of "a certain age!" Whatever your health/fitness level today, you likely want to maintain it and avoid going downhill as you age. Osteopenia or Osteoporosis? Arthritis? Scoliosis? Or just general aging limitations.

Dede will share a wealth of movements (I hesitate to call them exercises) that you can do at home and you can fit most of them into your daily routine.

Dede's other favorite slogan is "Motion is lotion! Keep moving!"

See you then! *Submitted by Gloria Olson*

## **Announcement**

Delta Kappa Gamma members will be joining us for our October meeting, and again at our February Meeting. A number of Faribault AAUW members belong to both. It is an opportunity to partner with a group with similar goals of helping woman succeed in a chosen career whether education or another career.

The October meeting begins at 2 p.m. Monday, October 27 at the Rice County Historical Society. *Submitted by Pauline Schreiber*

## **Minutes From The September 22 2025AAUW Business Meeting**

Members of Faribault AAUW met at 2:30 p.m. Monday, Sept. 22 in the Carlander Room at the Rice County Historical Society.

President JoEllen Schultz greeted members and brought the meeting to order.

Schultz's first item of business was approval of the Secretary's and Treasurer's reports for the May meeting. Both were included in the emailed monthly newsletter. Hearing no additions or corrections, she deemed both approved as written.

Next on the agenda was the election of officers. The slate was introduced in May. The 2025-2026 officers were listed in the new Yearbook passed out to members by Yearbook Editor Pat Umbreit. Schultz thanked her for her efforts to produce the Yearbook by the September meeting. Pat Rice made a motion to approve the slate of officers; Kathryn Speulda seconded the motion. The motion carried. Officers are: Schultz, president; Pauline Schreiber, program V.P. and secretary; Karen Rasmussen, treasurer; Kathy Larson, membership V.P.; Liz Hartman, AAUW Funds V.P.; Sue Willcutt and Sue Stout, co-V.P.'s of public policy; Diane Hagan, diversity V.P.; Julie Olson has agreed to be auditor, a non-elective position, Schultz said, and Rasmussen will continue as by-laws chair. Rasmussen will, also, continue to chair the scholarship committee.

Schultz told members that photographs of the two 2025 \$1,500 scholarship winners were printed in the Faribault Daily News. They are: Sadie Kern and Evy Vettrus. Kern is attending the UM-Rochester with aspirations of becoming a physician's assistant. Vettrus attends Minnesota State University-Mankato with hopes of one day being a commercial pilot.

### **Tri-Branch Luncheon**

Schultz had Schreiber report on the Tri-Branch Luncheon and why Faribault will be hosting it just two years after hosting it in 2024. She reported that with the Northfield AAUW Branch disbanded. The Faribault Branch had been contacted by the Owatonna Branch as to whether or not we would be hosting the program this year. Schreiber reported that the plan, devised at the Faribault Branch Planning Meeting for the 2025-2026 year, is for Faribault to host the event on Saturday, April 18, 2026, at a location to be determined.

Faribault AAUW will invite both the Hastings and Austin Branch to the event with the hope that one or both might join in the luncheon rotation. Faribault AAUW member Cheryl Freund has agreed to give a program on "The Women of Shakespeare." What is needed is a committee to plan where the event will take place and other details of the event. Liz Hartman, while not at the meeting, has agreed to be on the committee with Schreiber. She asked for other volunteers. Pat Rice and Kathy Larson volunteered to be on the Tri-Branch Luncheon Committee with Hartman and Schreiber.

Schreiber, also, went over the programs for the year that are listed in the 2025-2026 Yearbook.

### **Membership**

Larson said she is still trying to collect membership dues from some past members. Overall, membership is down from last year. There are 40 members listed in the Yearbook.

### **Budget**

Rasmussen passed out copies of the proposed 2025-2026 Budget, and then went over it in detail. The total expenses for the year are proposed to be \$6,156. After a discussion, Larson made a motion to approve the budget; Gail Kielmeyer seconded the motion. The motion carried.

A second motion was made by Rasmussen, and seconded by Mary Niermann, to approve a policy that members would pay in advance for catered meals at special events such as the Christmas Party and Spring Picnic. No member would be considered registered for the event unless paid ahead of time. The policy is to make sure the group would not have to pay for those who call and register with the intent of paying for a meal at the door and not showing up. The motion carried.

### **Halloween Breakfast**

Larson and Rasmussen, co-Halloween Breakfast chairs, reported to members that the Halloween Breakfast Fundraiser will be Sunday, October 26, 8 a.m. to noon, at the Faribault American Legion. Tickets will be \$15 for adults in advance and \$18 at the door. Children's tickets will continue to be \$6. The ticket prices are a few dollars less than last year. Larson said, this is because the American Legion is giving Faribault AAUW a better deal on food costs." Barb Dubbels, who donates the cost of printing the tickets, packaged them in units of 10 and members could pick up a package or two and record their names with the ticket numbers they took. Pre-sale tickets can be sold until Oct. 16 after which time members should report to Rasmussen how many pre-sale tickets they sold.

### **Program**

Speaker for the afternoon was Kiran Lowenstein, RCHS's education and outreach director, who spoke on Sacajawea. Lowenstein spent an internship in Salmon, Idaho at the Sacajawea Interpretive Center. She talked about the facts known about Sacajawea, an Indian guide and interpreter with the Lewis and Clark Expedition, who was instrumental in making the journey a success, versus the myths about the Shoshone Indian woman. Sacakawea was the only woman on the expedition and had an infant son. *Submitted by Secretary Pauline Schreiber*



**Financial report** Current balance \$10,427.46 as of (10/12/25).  
*Submitted by Karen Rasmussen, Treasurer*

*A picture of you lovely ladies submitted by Joellen Schulz*







## The Halloween Breakfast will be here before we know it

Please consider working a 2-hour shift, our greatest need is workers for the 8-10 shift, or come an hour earlier and help set up. Note: the counter servers have 2 shifts, 8-10 and 10-12, and below are the floor helpers, 2 shifts like above. Please call or text Karen (507-412-1011) with your choice of shift(s).

- If you are unable to work at the breakfast, please sell tickets. Both Karen and Kathy (507-838-8437) have extras.
- Please call/text Kathy or Karen with the number of presale tickets sold no later than Monday, **Oct. 20th**.
- Please bring your money and any leftover unsold tickets to the Coffee/Brunch on Oct. 18th at Janna's. If you think or know you can still sell more, just bring what you have sold so far.
- Or mail checks or drop them off at Karen's **new** address: 30 Brand Ave the following week to arrive before the breakfast. I would like all the presale money before 10/26. But I will be out of town 10/23-25, so see what you can do (my daughter will gather my mail). The tickets are \$3 less than last year for presales and \$2 less at the door which hopefully makes them easier to sell.
- We'll again have great food, excellent service, a delightful Halloween atmosphere, assorted coffee creamers, and a chocolate bar (or a non chocolate candy) to raise money for scholarships, maybe for a future cancer researcher, a commercial pilot, or a PA. To top that, the bar will be open and serving mimosas, Bloody Mary's and screwdrivers for \$5.
- Thank you! We so appreciate everyone's best efforts.

If you'd like a costume to wear, I have a Red Riding Hood cape and a jack o'lantern costume. Call/text cell, don't know about land line just yet that I plan to install, but keep hoping my son will come and install it, the internet, cell phones, etc that we are switching back to Spectrum.



AAUW Halloween Breakfast  
10/26/25 Work Schedule

Set Out Decorations and Set Tables:

7 am - 8 am:

Kathryn Speas Mary Aschman Kathy Larson

Counter Servers of Breakfast Potatoes, Cheese Sauce, etc.:

8 am - 10:00 am

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10:00 am - 12:00 pm

Pat Rice JoEllen Schulz

Floor Helpers:

7 am - 9:45 am Early Set-up (Monitor Muffins, Pour Juice/Milk, Fill Coffee Carafes, Bus Tables and Reset, Give Out Candy):

Kathy Larson

9:45 am - 12:30 pm Help with Clean-up (Monitor Muffins, Pour Juice/Milk, Fill Coffee Carafes, Bus Tables and Reset, Give Out Candy):

Pauline Scholba Sue Olson Mary Niemann  
Judy Graham Mary Liegner

Ticket Takers and Sales:

8 am - 10:00 am

Karen

10:00 am - 12:00 pm

Karen  
Pat Umbreit